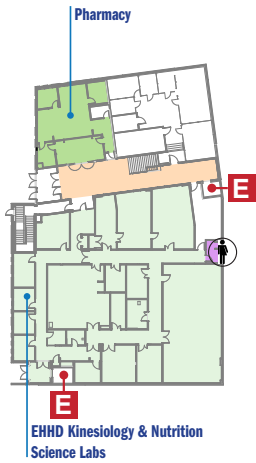
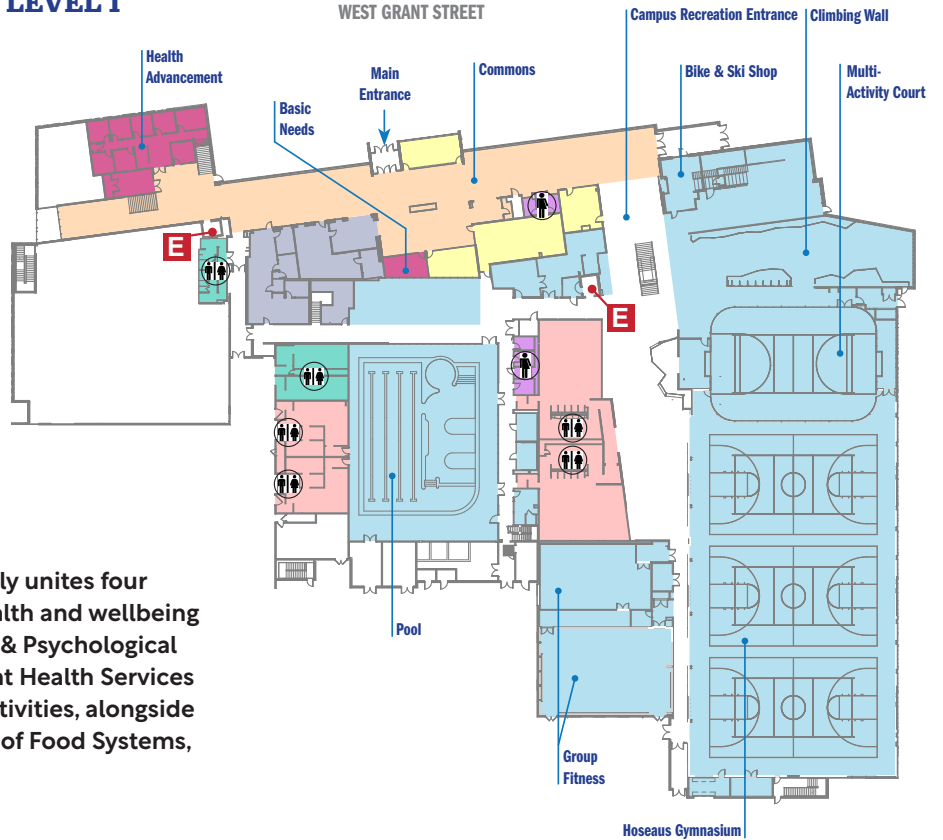


# STUDENT WELLNESS CENTER MAP

## STREET LEVEL

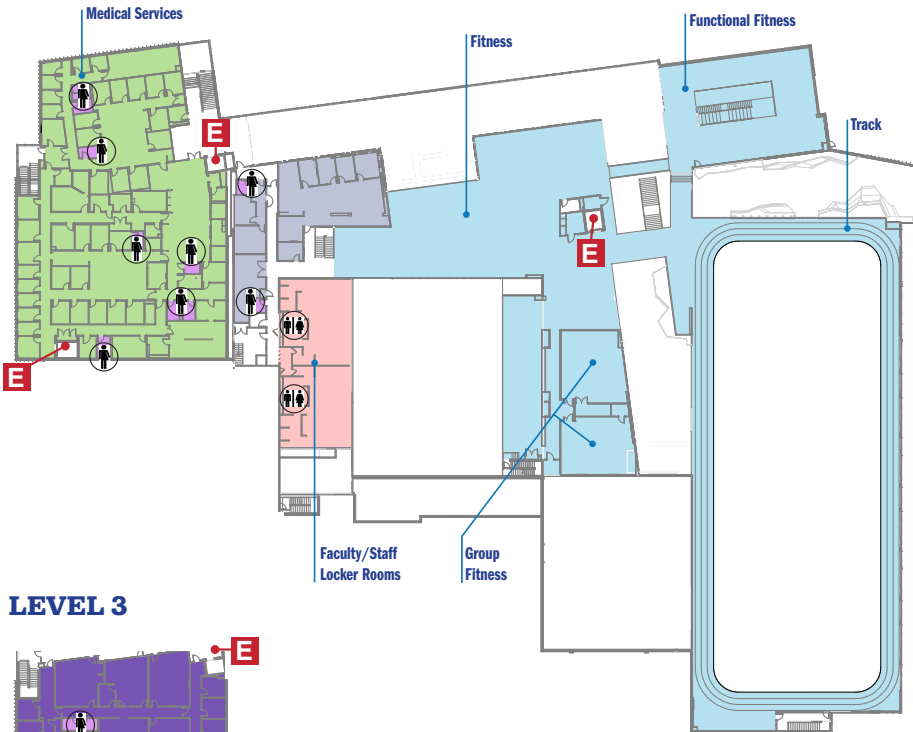


## LEVEL 1

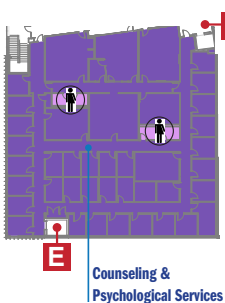


The Student Wellness Center physically unites four departments to support whole-person health and wellbeing at MSU. Campus Recreation, Counseling & Psychological Services, Health Advancement and Student Health Services offer an array of services, programs and activities, alongside innovative research from the department of Food Systems, Nutrition, & Kinesiology.

## LEVEL 2



## LEVEL 3



### KEY

- Student Health Services
- Counseling & Psychological Services
- EHHD Labs
- Health Advancement
- Multi-Purpose Rooms
- Campus Recreation
- Offices
- E Elevator
- Locker Rooms
- ♿ Individual Restrooms & Changing Spaces
- ♿♿ Restrooms



## STUDENT WELLNESS CENTER SELF TOUR

Student Wellness unites four departments, working as one team to provide services and support for whole-person health and wellbeing in the state-of-the-art, 162,000 sq ft. Student Wellness Center (SWC). The SWC provides a place for care, play and connection. The SWC and associated services and amenities are funded by MSU student fees. Students enrolled in 7+ credits may access these services and amenities. Students in 6 credits or less may opt in to access services. Faculty, staff and alumni may purchase membership to Campus Recreation.

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### STREET LEVEL

**PHARMACY:** Conveniently located, with prescriptions and over-the-counter medications available to students.

**EHHD KINESIOLOGY & NUTRITION SCIENCE LABS:** Conducts innovative biomechanics and nutrition research.

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### LEVEL 1

**COMMONS:** As the East to West connect, the Commons is designed to be a place to meet, study or relax. Multi-purpose meeting rooms available for reservation starting Jan 2025.

**PATIO:** Meet up with friends to enjoy the breeze at a table, balance a slack line or rest in a hammock.

**BIKE & SKI SHOP:** Service your bike or wax your skis or snowboard.

**POOL:** Four lap lanes and leisure space complete with a seat wall, vortex and saunas.

**CLIMBING WALL:** Three story climbing wall, with 32+ top rope routes along with a dedicated bouldering area.

**HEALTH ADVANCEMENT:** Prevention education and outreach, wellness coaching, travel health and recovery resources to help students develop and maintain healthy lifestyle habits.

**GYMNASIUM:** Three gym courts and one turf-ed multi-purpose activity court (MAC) can host a variety of sports.

**BASIC NEEDS:** Services and support for food insecurity, housing insecurity and public assistance. New home for Bounty of the Bridgers food pantry.

**FITNESS STUDIOS:** Four total studios for fitness classes including strength, yoga, spinning and more.

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### LEVEL 2

**MEDICAL SERVICES:** Same day acute care and primary care complete with x-ray, and clinical laboratory.

**FACULTY/STAFF LOCKER ROOMS:** Full-service locker rooms specifically for non-student users. Campus Recreation membership is available for MSU affiliates.

**TRACK:** Oval track suspended above gymnasium measures 1/8 of a mile.

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### LEVEL 3

**COUNSELING & PSYCHOLOGICAL SERVICES:** Compassionate and confidential mental health services for individuals and groups. Crisis support and drop-ins available.

**DENTAL SERVICES:** Low-cost dental exams, emergent care, cleanings, and custom retainers.



The Student Wellness Center is on track to receive LEED Gold certification, ensuring environmental wellness via solar panels, LED lighting, heat pump technology, and the use of a geothermal well.